

# Newsletter

## 12th April 2024

Volume 78 Issue 13

[www.brook.dudley.sch.uk](http://www.brook.dudley.sch.uk)



### Message from Mrs Fellows

Welcome back to the final term of the year!

I hope you all had an amazing Easter holiday and managed to appreciate some family time together.

The summer term is the busiest and we always have lots of exciting things planned: parent workshops, residentials, sports days, school reports, Brookfest, school trips and visits, and this term we have our Dippy Family show too.

We do our very best to communicate all these dates with you through the SchoolLife app, so please ensure you have the app downloaded and the notifications on- we wouldn't want you to miss anything!

As always, if you have any worries/concerns or compliments, please don't hesitate to get in touch via email ([info@brook.dudley.sch.uk](mailto:info@brook.dudley.sch.uk)) or phoning the school life (01384 389888).

Please see below the days for each year groups PE days this term.

#### Year group

#### PE days

Reception

Friday

Year 1

Tuesday (both classes)

Friday (1JW Forest school / 1CR PE)

Year 2

Monday & Thursday

Year 3

Tuesday & Wednesday

Year 4

Thursday (both classes)

Friday (4LF Swimming / 4HD PE)

Year 5

Monday

Friday (5HI Forest school / 5P PE)

Year 6

Tuesday & Thursday



## A great start for babies and young children

Everyone wants the best for their children, but it can be hard to know what to do as a parent in the early years. That's where HENRY comes in.

The HENRY programme is free to join and helps you give your child the best possible start in life.

### About the programme

The programme is for parents or carers of children aged 0 to 5 years old. It is free to join.

Everyone wants the best for their children, but with so much conflicting advice it can be hard to know what to do for the best as a parent, especially in the early years.



The HENRY *Healthy Families: Right from the Start* programme is running locally. Join the thousands of families across the country who have benefited from the support and tips it provides for young families.

Research shows that the key ingredients to ensuring babies and young children have a healthy start in life are:

- Parenting confidence
- Physical activity for little ones
- What children and families eat
- Family lifestyle habits
- Enjoying life as a family

The programme covers these 5 themes across 8 weeks and provides everything you need to help get your little one off to a great start.

### Weekly sessions

Each week helps you provide a healthy, happy, supportive environment for the whole family.

**Week 1** – Decide what changes you want to make and set your own goals

**Week 2** – How to juggle life with young children so you all get what you need

**Week 3** – How to respond to children's needs without giving in to all their demands

**Week 4** – Positive mealtime tips for a happy family – reducing mealtime stress for everyone

**Week 5** – Ideas for active play to help children learn, develop and stay happy

**Week 6** – Food groups, food labels, portion sizes for under 5s, first foods, and snack swaps

**Week 7** – Understanding and managing your child's behaviour for a happier home

**Week 8** – Celebrate your success as a parent and plan the future for your family

*"I'm so glad I did this programme. Do it!"*

*"This was the best thing I could possibly have done to help me be a better mum"*

### What do I get on a HENRY programme?

Every parent joining a HENRY programme receives a HENRY toolkit which includes everything you'll need during the programme and helpful resources to use in your family.

The HENRY toolkit will help you give your child a great start in life, get the whole family involved, and keep track of how well you're doing.



Scan this code to visit the  
Henry Website



Scan this code to watch  
a Henry Introduction Video

### How can I join a programme?

#### Henry @ Brook Primary School

**Tuesday 23rd April 2024 14:30-15:30 pop along for a coffee and a chat and meet the facilitators**

**The 8 Week Programme Starts on:**

**Tuesday 30th April 2024 and will run every Tuesday until Tuesday 25th June (with a week off for half term) 12:45-15:15 . Children will join the session at 14:45 for fun activities and snacks every week.**

In aid of

Samaritans Brierley Hill Branch is a charity registered in England and Wales (1168020).

**SAMARITANS**

**Brierley Hill**

# Fun Run at the Dell Stadium

**Saturday 20 April**

## Join us for a family-friendly fun run!

As the official Charity of the Year for the 2024 TCS London Marathon, we're hosting a fun run to celebrate.

Our free fun run is open to the whole community and we'd like to welcome runners, non-runners, families, and friends to take part. Registration will open at 10.30am with the first race starting at 11am.

All donations will go directly to supporting your local Samaritans branch and the work we do in the community.

**Please join us and be part of something amazing.**



**Email** [brierleyhill@samaritans.org](mailto:brierleyhill@samaritans.org)

**Venue** The Dell Stadium, Bryce Road,  
Brierley Hill, West Midlands DY5 4NE



**Every pound  
you donate  
could change  
someone's life.**

## Spelling Shed

Well done to the top spellers in each class for the past 7 days!

The top class of the week is... 5P! Well done!

1R	Sienna
1W	Jaina
2C	Nafisa
2T	Oliver
3	Mia
3	-
4D	Eli
4F	Grace
5I	-
5P	Lucas
6HT	Olivia
6AH	Ahil

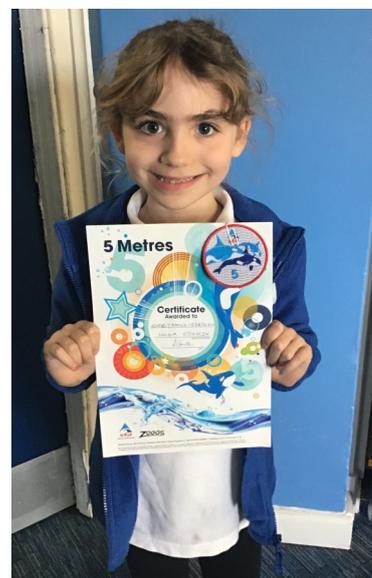
## Pupil achievements!

Well done to Finley from Year 1 who has worked really hard to achieve not 1 but 2 swimming certificates! This is fantastic, keep up the good work Finley!



Well done to Everly from Year 2 who has been awarded her 5 metre swimming certificate!

Well done Everly this is a great achievement!



Attendance %  
w/c 18/03/2024

5P were the highest attendees in KS2 and 1W were the highest in KS1.

Well Done!

Rec D	96.67%
Rec B	97.38%
1R	92.67%
1W	99.33%
2C	96.67%
2T	95%
3B	96.43%
3MH	92.33%
4D	94.81%
4F	84.81%
5I	88%
5P	96.79%
6AH	96.67%
6HT	92.67%
School Total	91.54%
Target	97%



# Brook Buddies



Brook Buddies runs every morning and evening. Why not join us for breakfast or some after school fun? Our session times & prices are below:

### Breakfast club:

8:00am-8:45am - £3.50

### Afterschool club:

Half session 3:20pm-4:45pm - £5.25

Full session 3:20pm-5:45pm - £8.00

**All bookings must be made by Thursday of the week before you require childcare.**

### Please note: (Summary from Brook School policy)

Parents should collect their child promptly at the end of a session otherwise you will be charged a fee of £10.00 to cover staff costs if they are **more than 10 minutes late**. If this situation arises more than three times in one term, their child's place at Brook Buddies may be forfeited!

### Buddies parents please note:

If you need an emergency place—this needs be paid on Parent Pay no later than 3pm.